

<b>MONDAY</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>
6:00am - 7:00am	Group Power	Christie
8:30am - 9:30am	Group Kick	Kathy
9:30am - 10:30am	Group Centergy Studio 2	Kathy
10:30am - 11:30am	Zumba	Rebecca
12:00pm - 12:30pm	Express Cycling	Laurel / Kathy
4:30pm - 5:30pm	Hi-Lo Aerobics	Nancy
5:30pm - 6:30pm	Group Power	Dawn
6:30pm - 7:30pm	Group Step	Andrea
<b>TUESDAY</b>		
6:00am - 7:00am	Cycling	Christie
8:30am - 9:30am	Yoga Studio 2	Nancy
9:30am - 10:30am	Group Power	Linda
10:30am - 11:30am	Group Step	Desiree
5:15pm - 6:15pm	Pilates-Core Fusion Studio 2	Janey
5:30pm - 6:30pm	Group Step	Patty / Karin
6:30pm - 7:30pm	Group Kick	Lina
6:30pm - 7:30pm	Yoga Studio 2	Robin
<b>WEDNESDAY</b>		
9:00am - 10:00am	Group Step	Desiree
10:00am - 11:00am	Group Centergy Studio 2	Desiree
12:00pm - 12:30pm	Express Cycling	Laurel
4:30pm - 5:30pm	Group Kick	Jeanne
5:30pm - 6:30pm	Group Power	Patty / Robert / Vikki
6:30pm - 7:30pm	Zumba	Rebecca
6:30pm - 7:30pm	Group Centergy Studie 2	Christy
7:30pm - 8:30pm	Cycling	Leslie / Andrea
<b>THURSDAY</b>		
6:00am - 7:00am	Cycling	Christie
8:00am - 8:45am	Group Kick	Kathy
8:45am - 9:30am	Group Centergy Studio 2	Kathy
9:30am - 10:30am	Group Power	Linda
10:30am - 11:30am	Dance Fusion	Victoria
4:30pm - 5:30pm	Hi-Lo Aerobics	Cindi
5:30pm - 6:30pm	Group Step	Amber
5:30pm - 6:15p.m.	Pilates	Laurel
6:30pm - 7:30pm	Group Power	Karin
6:30pm - 7:30pm	Yoga Studio 2	Robin
<b>FRIDAY</b>		
9:00am - 10:00am	Group Step	Cindi
10:00am - 11:00am	Zumba	Rebecca
10:00am - 10:30pm	Ashtanga Yoga Studio 2	Mia
12:00pm - 12:30pm	Cardio Boot Camp	Laural
<b>SATURDAY</b>		
8:00am - 9:00am	Group Centergy Studie 2	Leslie/Desiree
9:30am - 10:30am	Group Power	Robert / Patty / Vikki
10:30am - 11:30am	Group Step	Patty / Karin
<b>SUNDAY</b>		
9:00am - 10:00am	Cycling	Andrea / Sallie
10:00am - 11:00am	Group Power	Leslie
11:00am - 12:00pm	Group Kick	Jeanne
3:00pm - 4:00pm	Pilates Intro Studio 2	Janey
4:00pm - 5:00pm	Dance Fusion	Victoria
5:00pm - 6:00pm	Yoga Studio 2	Robin/Nancy/Mia